

SEDE: ESCOLA BÁSICA E SECUNDÁRIA DE VILA POUCA DE AGUIAR



Curso Profissional
Técnico de Turismo Ambiental e Rural



ALTO TÂMEGA AREA

This region is constituted by the counties of Vila Pouca de Aguiar, Boticas, Montalegre, Ribeira de Pena e Valpaços.

Coat of Arms



LOCALIZAÇÃO DO ALTO TÂMEGA EM PORTUGAL

Alto Tâmega is an intermunicipal community situated in the north of Portugal, in the upper Tâmega river.

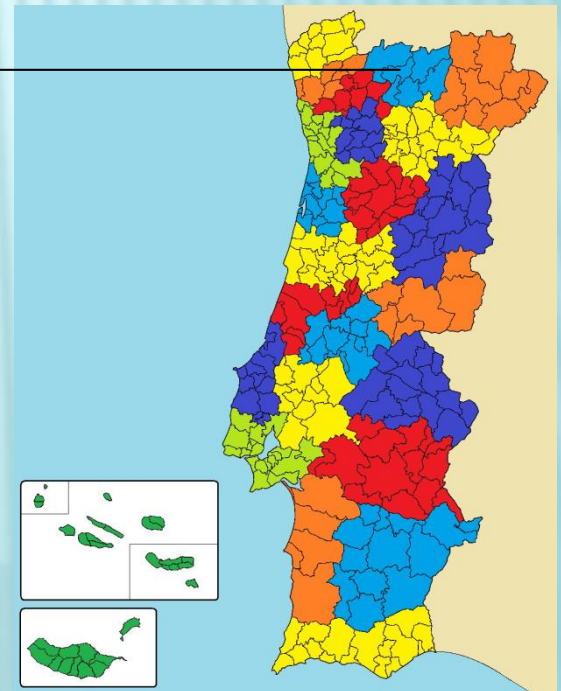
This region has got around 100.000 inhabitants, though it has been losing population due to the unbalanced birth and death rate and also because of

Massive emmigration.

Alto Tâmega Region

Although it has got an amazing landscape and unspoiled

Spots it isn't yet fully developed in touristic terms.



CLIMATE AND AGRICULTURE PECULIARITIES

This region is influenced by the Atlantic/Mediterranean stream. While in Valpaços we can have a mild climate in the rest of the region the winters are very cold and rainy.

In Valpaços we can find plenty of excellent oliver oil, wine and almonds.

GASTRONOMY

This region really worthes a visit (In this area in can have plenty of good and tradition food:



Smoked pork meat



Alheiras (a type of sausages made of bread and different kinds of meat)



Folar(Baked bread with eggs and meat)

DIFFERENT KINDS OF ACOMODATIONS



Eco-houses



Village Camping



Camping



Rural Tourism



Palace Hotel



Albergaria Hotel

AVAILABLE LEISURE ACTIVITIES

- Horse Riding;
- Hunting;
- Fishing;
- Canoeing;
- Eco Trekking;
- Picking up mushrooms;
- Visiting historical sites;
- Spas (leisure and therapeutic purposes);
- Roman Mining complex;



Roman Mining Complex



THANKS FOR YOUR ATTENTION!



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